# **Beard Oil Recipe eBook**

"17 Beard Oil Recipes You Can Make At Home"

http://beardoilrecipes.com/

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## Introduction

Nowadays, you will easily take notice of the high number of bearded and moustached men when you go just about anywhere. Facial hair creates nearly unlimited style possibilities, and each are awesome in their own way. From short, to long, patchy to full, and from curly to straight, beards can absolutely transform a man's appearance.

The problem, however, is not how to grow such long moustaches and beards, but how to condition them and take care of them well. Alongside proper facial hygiene, a great option is with the use of beard oils that can either be acquired from stores or made directly at home.

Applying beard oils to beards is a time honored practice going back centuries that men used keep their beards clean and healthy. The ingredients are absorbed by the hair and skin, generating much softer and more luscious facial hair. It doesn't stimulate beard hair to grow, but it does provide the best conditions for facial hair to grow in.

This article provides you with some notable easy-to-make beard oil recipes for a variety of different beards and personality types. The basic building blocks for these recipes consist of a blend of carrier oils such as coconut oil, argan oil, jojoba oil, sweet almond oil, etc. as well as small amounts of essential oils that give various therapeutic effects, as well as pleasant/masculine scents.

When coconut oil is used in the following recipes, you can use virgin coconut oil or fractionated coconut oil. Virgin coconut oil is solid at room temperature so it will have to melted before it can be mixed with the other ingredients. Fractionated coconut oil is liquid at room temperature, thus does not have to melted.

# 1. Green Man Jojoba Beard Oil Recipe:

### **Ingredients:**

- ✓ Approximately 2 tablespoonful's of Jojoba Oil
- ✓ 10 drops <u>Pure Cedar Wood Essential Oil</u>
- √ 4 drops Vanilla Extract
- ✓ 2 drops Clove Essential Oil
- ✓ 2 drops Rosemary Essential Oil
- √ 1 drop Orange Essential Oil

### **Preparation:**

Add one and a half tablespoon of jojoba oil to 1oz capacity dropper bottle. Proceed by adding the four drops of vanilla and the essential oils. You can fill to the top with some more of the jojoba oil. Cap the

bottle and then shake it vigorously for about one minute. This ensures that the ingredients are distributed thoroughly. Your Green Man Jojoba Beard Oil is ready!

# 2. Green Man Almond Beard Oil Recipe:

## Ingredients:

- ✓ Approximately 2 tablespoonful's of Sweet Almond Oil
- √ 4 drops Vanilla Extract
- ✓ 2 drops Clove Essential Oil
- √ 1 drop Orange Essential Oil
- ✓ 2 drops Rosemary Essential Oil

## **Preparation:**

The basic preparation for this recipe is similar to that of GreenMan Jojoba oil whereby you will start by adding one and a half tablespoon of sweet almond oil to 1oz capacity dropper bottle. Then proceed by adding the four drops of vanilla follow by all the other essential oils and cap the bottle. You should finish the preparation by shaking it vigorously to ensure that all the ingredients have mixed together. Your GreenMan Almond beard oil is ready for use!

# 3. Manly with Moisture Recipe:

## Ingredients:

- ✓ 25ml <u>Sweet Almond Oil</u>
- ✓ 5ml Moroccan Argan Nut Oil
- √ 4 drops Cedar Essential Oil
- √ 3 drops Frankincense Essential Oil

### **Preparation:**

You will need a 1 or 2oz dropper bottle to prepare the "Manly with Moisture" recipe. Start by adding the 25ml of sweet almond oil and 5ml of argan oil inside the bottle. Proceed by adding the 3 drops of frankincense and 4 drops cedar essential oils inside the argan and sweet almond oil mixture. Cap your bottle and then shake vigorously. Your beard oil is ready and is best applied to beards that are slightly moist.

# 4. Clean and Fresh Recipe:

- √ 25ml Coconut Oil
- ✓ 5ml Moroccan Argan Oil
- √ 4 drops Tea Tree Essential Oil
- ✓ 2 drops Rosemary Essential Oil

For this recipe, you will need a slightly bigger bottle, say 30ml. Start by adding the 5ml argan oil and 25ml of coconut oil inside the dropper bottle. Add the 2 drops Rosemary and 4 drops of tea tree inside the argan and coconut oil mixture. Cap the bottle and then shake it vigorously. Your "Clean and Fresh" Beard Oil Recipe is ready and is best applied on beards that are slightly moist.

# 5. Fresh and Sharp Coconut Recipe:

## Ingredients:

- ✓ 20ml Coconut Oil
- ✓ 10ml <u>Sweet Almond Oil</u>
- ✓ 2 drops <u>Eucalyptus Essential Oil</u>
- ✓ 2 drops <u>Sage Essential Oil</u>

### **Preparation:**

What about the use of Almond and Coconut as the main oils? Start by adding the 10ml and 20ml sweet almond and coconut oils respectively in a 1oz dropper bottle. Proceed by adding the 2 drops Eucalyptus and 2 drops sage essential oils inside the main oils. Cap your bottle and then shake is thoroughly to ensure that all the oils in the mixture have mixed appropriately. Your Beard Oil "Fresh and Sharp Coconut" is ready.

# 6. Citrus and Jojoba Recipe:

## **Ingredients:**

- ✓ 25ml Sweet Almond Oil
- ✓ 5ml <u>Jojoba Oil</u>
- ✓ 2 drops Lime Essential Oil
- √ 3 drops Orange Essential Oil

## **Preparation:**

Add 25ml of sweet almond oil and 5ml of Jojoba oil inside a 1oz dropper bottle. Shake the mixture for about 30 seconds. Proceed by adding 2 drops of lime and 3 drops of sweet orange inside the mixture of jojoba and almond oils. Cap your bottle and shake it thoroughly for about one minute. The Beard Oil 'Citrus and Jojoba" is ready!

# 7. Citrus Mint Beard Oil Recipe:

- ✓ ½oz <u>Jojoba Oil</u>
- √ ½oz Moroccan Argan Oil
- ✓ 5 drops Peppermint Essential Oil

- ✓ 2 drops Tea Tree Essential Oil
- √ 3 drops Orange Essential Oil

The Citrus Mint Beard Oil Recipe is easily prepared by adding the ½oz of both jojoba and argan oils inside a 2oz dropper bottle. You will them proceed by adding the three essential oils inside this bottle. These oils include; 2 drops tea tree oil, 5 drops peppermint oil, and 3 drops orange oil. Close the bottle with a tight lid and then shake it thoroughly to make sure that all these oils have mixed together effectively. Your Citrus Mint Beard Oil is ready for use!

# 8. Joe the Plumber Beard Oil Recipe:

## **Ingredients:**

- ✓ ¾oz Jojoba Oil
- ✓ ¼oz Grape Seed Oil
- ✓ 5 drops <u>Tea Tree Essential Oil</u>
- ✓ 3 drops Peppermint Essential Oil

### **Preparation:**

The Joe the Plumber recipe is easily prepared by adding the ¼oz grape-seed oil and ¾oz jojoba oil into a 2oz dropper bottle. Shake this mixture for a couple of seconds and then add the 5 drops of tea tree oil and 3 drops of peppermint oil into it. Close the bottle with its stopper or lid tightly and proceed by shaking thoroughly to ensure that all the oils have mixed together effectively. You beard oil is ready for use!

# 9. A "Guy Named Jorge" Beard Oil Recipe:

### **Ingredients:**

- √ ¾oz Moroccan Argan Oil
- ✓ ¼oz <u>Coconut Oil</u>
- √ 3 drops Lavender Essential Oil
- ✓ 2 drops of Tea Tree Essential Oil
- ✓ 2 drops of <u>Vanilla Essential Oil</u>

### **Preparation:**

A "Guy Named Jorge" is definitely a recipe you want to try. Start by adding the ¼oz coconut and ¾oz argan oils into the bottle respectively. Proceed by adding the essential oils that incorporates the 3 drops of lavender, 2 drops of vanilla, and 2 drops of tea tree oil into the mixture. Cap your bottle tightly and then shake the mixture vigorously for about one minute. Your beard oil is ready to use!

# 10. Tree Hugger Beard Oil Recipe:

- √ ½oz Moroccan Argan Oil
- ✓ ½oz Grape Seed Oil
- √ 5 drops of Cedar Essential Oil
- √ 3 drops of Pine Essential Oil

Tree Hugger Beard Oil recipe is prepared just like the other types of beard oils recipes. You will need a 30ml bottle that can be capped tightly with a stopper or lid. Begin by mixing the grape-seed oil and argan oil together into the bottle and then follow-up with the 5 drops of cedar-wood essential oil and 3 drops of pine essential oil. Cap the bottle and shake it thoroughly. Your beard oil is ready for use!

# 11. The Hangover Beard Oil Recipe:

## Ingredients:

- √ ¼oz Castor Oil
- √ ¼oz Grape Seed Oil
- ✓ ¼oz Moroccan Argan Oil
- ✓ ¼oz <u>Jojoba Oil</u>
- √ 4 drops Eucalyptus Essential Oil
- ✓ 2 drops Tea Tree Essential Oil

### **Preparation:**

With the help of a dropper bottle of about 30ml add the essential oils (4 drops tea tree and 4 drops eucalyptus oil) inside the carrier oils. In this case the carrier oils are jojoba oil, argan oil, grape-seed oil, and cantor oil. Cap the bottle with a tight stopper and proceed by shaking it thoroughly. Your beard oil is ready for use!

# 12. Homemade Beard Oil Recipe:

## Ingredients:

- √ ¾oz Sweet Almond Oil
- ✓ 3 drops of <u>Tea Tree Essential Oil</u>
- ✓ 2-3 drops of Eucalyptus Essential Oil

## **Preparation:**

Consider filling a 1oz bottle to three-quarters full with sweet almond oil. This ensures that you have left some room for shaking. Add the tea tree and eucalyptus essential oils into the sweet almond oil. Use a tight stopper to cap the bottle and then proceed by shaking it strongly. Your beard oil is ready for use! Almond oils are great for sealing in moisture and enhancing the reduction of extensive drying.

## 13. Art of Manliness Beard Oil DIY Recipe:

## Ingredients:

- ✓ ½oz of <u>Hazelnut Oil</u>
- ✓ ½oz Coconut Oil
- √ 5 drops of Lemongrass Essential Oil
- ✓ 3 drops of Amla Essential Oil

## **Preparation:**

Add the hazelnut oil and coconut oil inside a 2oz bottle and then mix them for about one minute. Proceed by adding the stated drops of essential oils into the mixture and mix them thoroughly after capping the bottle tightly. Your DIY beard oil is made.

# 14. Coco-mint Beard Oil Recipe:

## Ingredients:

- ✓ 1 tablespoon <u>Coconut Oil</u>
- √ 3 drops Peppermint Essential Oil

### **Preparation:**

With the help of a 1oz dropper bottle, add the 3 drops of peppermint essential oil into the melted coconut oil. Cap the bottle with a tight stopper and then shake the mixture strongly. Your Coco-Mint Beard Oil Recipe is ready for use!

# 15. Sweet Mint Beard Oil recipe:

## **Ingredients:**

- ✓ ½oz <u>Jojoba Oil</u>
- ✓ ½oz <u>Sweet Almond Oil</u>
- √ 5 drops Peppermint Essential Oil
- ✓ 2 drops Orange Essential Oil

## **Preparation:**

Add the sweet almond and jojoba oils inside a 2oz bottle. Proceed by adding the 5 drops of peppermint essential oil and 2 drops of orange essential oil into this mixture. Cap the bottle and shake it vigorously. Your Sweet-Mint Beard Oil is ready for use!

# 16. Forest Haven Beard Oil Recipe:

- ✓ 3/4oz Jojoba Oil
- ✓ 1/4oz <u>Sweet Almond Oil</u>

- ✓ 5 drops <u>Tea Tree Essential Oil</u>
- √ 3 drops <u>Peppermint Essential Oil</u>

Start by adding the jojoba and sweet almond oils into a dropper bottle. Proceed by adding the 3 drops peppermint and tea tree essential oils into the carrier oils. Cap the bottle tightly with a stopper and then shake it thoroughly to ensure that they have mixed effectively. Your forest haven beard oil is ready for use!

# 17. Fall Face Foliage Beard Oil Recipe:

## Ingredients:

- ✓ ¼oz <u>Jojoba Oil</u>
- ✓ 34oz Sweet Almond Oil
- ✓ 2 drops <u>Cinnamon Cassia Oil</u>
- ✓ 2 drops Orange Essential Oil
- ✓ 2 drops <u>Tea Tree Essential Oil</u>

## **Preparation:**

Add the three essential oils into the bottle that contain a mixture of the sweet almond and jojoba carrier oils. In this case your essential oils are tea tree oil, orange oil, and cinnamon oil. Cap the bottle with a tight stopper and proceed by shaking it thoroughly. You beard oil is ready for use.

## Conclusion

Beard oils are best applied on the beards when it's moist. The basic preparation for most of the beard oils recipes are similar whereby you will need to add the required amount (number of drops) of the essential oils into the carrier oils). This process is followed-up by shaking them thoroughly for about one minute, such that to ensure that all the ingredients have mixed together. Moistening the beards before applying the oil enhances easily absorption of the oils. You can then leave the mixtures of these recipe oils to condition and nourish to enhance a neater and easily manageable beard that is simpler to care for and maintain.